

# Adrenal Complex

GLANDULAR ADRENAL SUPPORT  
120 CAPSULES | NPN80050214 | ADC120-CN



ENDOCRINE/METABOLISM



**Adrenal Complex** is a synergistic blend of vitamins, amino acids, and adrenal glandulars designed to support optimal adrenal function and promote a normal response to stress. This product features 200 mg of whole adrenal glandular and 50 mg of adrenal cortex glandular per serving, and it is fortified with clinically useful amounts of N-acetyl-L-tyrosine, para-aminobenzoic acid (PABA), a comprehensive spectrum of B vitamins, and vitamin C to support healthy hormone balance.

The adrenal glands are small triangular-shaped organs located on top of the kidneys. These organs secrete hormones supporting the body's stress response, mineral balance, hormone conversion, and metabolism. The adrenal glands play a fundamental role in the complex system of hormonal messages and signals involved in the hypothalamic-pituitary-adrenal (HPA) axis, which plays a vital role in the body's response to stress and mood balance. Adrenal Complex is formulated to help support optimal adrenal and HPA axis function.

## Benefits

- Promotes optimal adrenal health
- Supports a healthy response to stress
- Promotes normal hormone balance and neurotransmitter production
- Supports optimal hypothalamic-pituitary-adrenal (HPA) axis function

## Recommended Dose

Adults: Take 2 capsules per day, or as directed by your health care practitioner.

In addition to glandulars, this formula contains N-acetyl-L-tyrosine, a bioavailable form of the amino acid tyrosine, a building block for certain hormones and neurotransmitters. It also features clinically relevant amounts of the B vitamins thiamin (B1), riboflavin (B2), pantothenic acid (B5), and pyridoxal-5-phosphate (P5P), a bioavailable form of vitamin B6. These vitamins are critical cofactors for many essential chemical reactions in the body, including energy and hormone production, and cellular metabolism. They may also support mood health, neurotransmitter production, and a normal response to stress.

This glandular-based product is designed to help encourage normal cortisol balance and stress-related hormone production, and to help support overall adrenal function and a healthy response to stress.

## Highlights

- Synergistic combination of vitamins, amino acids, and adrenal glandulars to support optimal adrenal health
- Features freeze-dried glandular materials obtained from certified bovine spongiform encephalopathy (BSE)-free sources to maximize quality and freshness
- Gluten-free, dairy-free, and soy-free
- Non-GMO

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.  
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